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Biochemistry: Board Review Series



Synopsis

BRS Biochemistry embodies the popular BRS format of succinct outline review of content followed by approximately 500 USMLE-style questions with explanations. This current edition has numerous illustrations and contains notable review features such as summary boxes. The overall content and questions have been updated to reflect the evolving nature of USMLE.

Book Information

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Customer Reviews

I loved this book. It really helped me get a good grade in biochem. I got an A thanks to hard work, a good professor, and this book!

I am teaching myself medicine. I also have the full text Marks which is a bit overwhelming with my time constraints. This review is very concise and well written. Still a formidable amt of material to memorize, but I really want to know it. The review questions with explained answers are especially good.

concise and comprehensive review book

Good resource, but needs additional information!!

When I was preparing for step 1, I bought this book as an alternative to "Lippincott's Illustrated Biochemistry". I did not have enough time for that book and other books were too short. At first I was skeptical, but when I started reading the book, everything changed. I studied it in 5 days and I could not believe how well prepared I was. I had no problem during the test. This book gives you a very good understanding of biochemistry as a whole picture. It has some unnecessary chemistry details that you can skip. Also questions are not clinically oriented, so try to use another test book. The author of the book has done a terrific job in summarizing and choosing subjects that are important for test. It has good illustrations that help you visually remember material.

I had the misfortune of not taking medical school biochemistry in my first year, so I attempted to cram all of biochemistry in a few days using this book. The book was incredibly dense, went into the pathways in incredible detail, and was not particularly helpful for highlighting the important concepts tested on USMLE Step I. I would definitely use another book for Step I review, but I might use this if I had to take a rigorous biochemistry course.

Unfortunately, I did not discover this text until it came time to study for USMLE step 1. Most in my medical school class read the Lippincott Illustrated Review Book as a primary text. In medical school I read the entire biochem textbook (Stryer). This BRS book is awesome. It is in outline format and has all of the information you could be tested on. I made it through it in just a few days when studying for step 1. This is a much quicker read than the other Lippincott book. I highly recommend it. Worked very well in combination with First Aid for Step 1. Would also be helpful to use as an additional resource during class.

Dr. Marks' biochemistry board review series is quite informative. It gives a good foundation for those who have never had a biochemistry class and provides great review for those who have. It is a great supplemental text that helps to clarify and test the student's knowledge of the information. The book often helped to provide a guideline by which studying could be approached for the course. However, students should understand that the book is not meant to substitute their syllabi or their texts.

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